



Free HATHA YOGA Basic Course

(12 WEEKS – EVERY MONDAY 7 PM TO 9 PM)

Conducted by- **Nikam Guruji Yoga Kutir**



Venue: Sree Ramar Temple, 51 Changi Village Road,
Singapore 509908, Tel: (65) 6543 1463

ON GOING EVERY MONDAY

Reg: Fee S\$10
NO Course FEE

Registration : On the Spot from 6 PM
(First come first served)

Open to Public (Age 12 years & above)

For further details, please contact
rajesh.yoganikam@gmail.com

www.yoganikam.org
<https://www.facebook.com/nikam.yoga>

**BRING YOUR
YOGA MAT**

Free Hatha Yoga Basic Course @ Sree Ramar Temple



Basic Course Yoga Postures

Free Hatha Yoga Basic Course @ Sree Ramar Temple



Basic Course Yoga Postures

Free Hatha Yoga Basic Course @ Sree Ramar Temple



New Batch starts on 9th April 2018 (7pm – 9 pm)

Free Hatha Yoga Basic Course @ Sree Ramar Temple

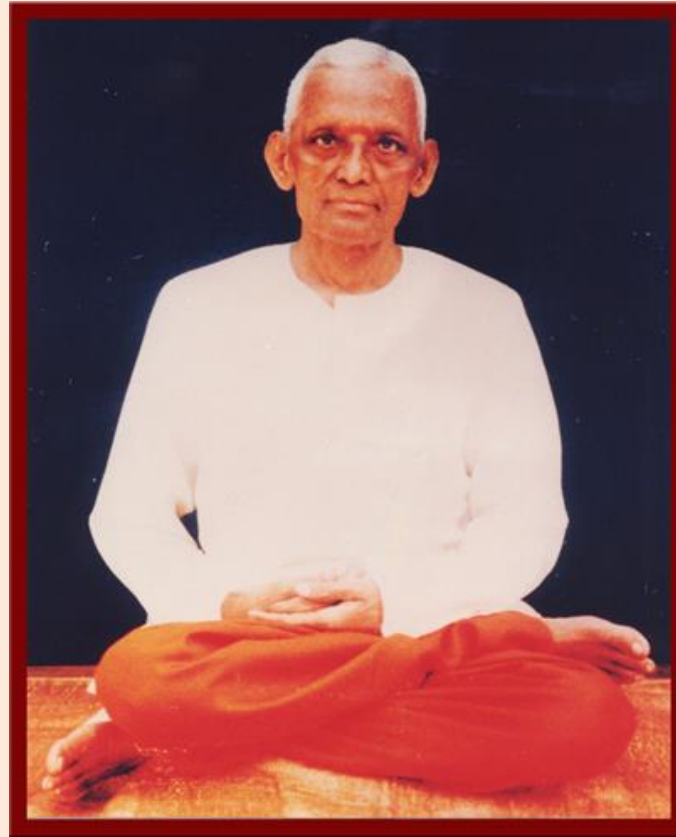


Posture to Admire (Our Instructors)

Free Hatha Yoga Basic Course @ Sree Ramar Temple



Posture to Admire (Our Instructors)



“Our Inspiration ... Hathayogi Nikam Guruji”

Nikam Guruji Yoga Kutir